



MDT Certification Continuing Education Standards (CCES) Policy Statement

The policy is designed to:

- Promote the highest standards of utilization of the McKenzie Method® of Mechanical Diagnosis and Therapy® MDT protocols in its fundamental, proven form; and
- Demonstrate assurance to the public that the MDT provider is committed to the maintenance and enhancement of knowledge, skills, and clinical competency in MDT after attaining Credentialed or Diplomate status.

The three-year CCES period begins on the day after the Credentialing Exam is passed. From that date, providers have three years to complete one of the required qualifying activities. Upon completion of a qualifying event, a new three-year period begins immediately.

Maintaining CCES compliance and continued full recognition on the Institute's Online Provider Referral Directory requires clinicians complete at least one (1) qualifying MDT educational activity within each three (3)-year compliance period. Options include:

1. Attend/retake an [Advanced Extremities Course](#) (14 contact hours)
2. Attend/retake an [Advanced MDT: Clinical Decision Making](#) (14 contact hours)
3. Attend/retake an [Advanced MDT: Fine Tuning Clinician Procedures](#) (14 contact hours)
4. Retake any course: [Part A, B, C, D \(Online or in-person\)](#)
5. Complete an [MDT Masterclass](#)
6. Take and complete one volume of the [online MDT Case Manager](#) (12 contact hours each Volume; one time only per Volume)
7. [MII Diploma Program](#) (CCES requirements are waived for the duration of study. Calculation of the 3-year periods will resume upon successful completion of the Diploma Program.)
8. Enroll in the MIUSA Orthopaedic Manual Physical Therapy [Fellowship Program](#) (ACOMPTE Accredited; achieve FAAOMPT. CCES requirements are waived for the duration of study. Calculation of the 3-year periods will resume upon successful completion of program.)
9. Attendance at MI Americas or International [MDT Conferences](#) (contact hours vary, approx. 13-15 hours)
10. Be a [Course Cosponsor](#) (Pre-approved: Active involvement for the entire course.)
11. Be a Lab Assistant on Courses A, B, C, D (Pre-approved Diplomate applicants only; active involvement for the entire course required. Email [Cindy Butler](#) for more details.)

Important Note for Cert. MDT Clinicians with CCES Compliance Lapses (2011 or Prior):

To regain your status on the online McKenzie Provider Referral List, you must complete the required remediation steps before registering for any other courses. If you fall into this category, begin by selecting a *Part C course (either in-person or fully online)*, then register and submit payment. Upon registration, you will be granted access to both the mandatory *Part A prerequisite online component* and the *Part C course*. You must complete the *Part A prerequisite* first, followed by the *full Part C course*. Once your compliance is restored, you will need to meet the standard renewal requirements every three years going forward, as outlined in the CCES Policy.

Use of the identifying marks for MDT Certification is only authorized *in its entirety*: Cert. MDT or Dip. MDT. Spelling out Credentialed or Diplomate is acceptable; however, MDT is not to be used without the appropriate level of designation.

It is the responsibility of all certified MDT providers to review their scope of practice, state practice act and other applicable state laws or regulations of their profession to determine to what extent they can utilize all or certain aspects of MDT in their jurisdiction.

This policy does not nullify a provider's attainment of Credentialing or Diploma; it will only determine the individual's active status for patient referrals provided through the Institute's online directory of certified MDT providers [See the Find-A-Provider tool on our website]