

THE McKENZIE INSTITUTE LUMBAR SPINE ASSESSMENT

Date			$\overline{\cdot}$
Name	Sex M / F		. (
Address	SOX W 71) (P)
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	Age		\.\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
Referral: <i>GP / Orth /</i>	J.		». V
	Stresses		
Leisure: Mechanical	Stresses):/(0)	1 (
Functional Disability	from present episode	() $()$ $()$	X)
Functional Disability	score	\W/ \	104
VAS Score (0-10)		SYMPTOMS	(X)
	HISTORY	WW C	₩ ₩
Present Symptoms			
Present since		Improving / Unchanging / V	Vorsening
Commenced as a re	esult of	Or no apparent reason	
Symptoms at onset:	back / thigh / leg		
Constant symptoms	: back / thigh / leg	Intermittent symptoms: back /	thigh / leg
Worse	bending Sitting / rising standing	walking ly	ring
	am / as the day progresses / pm other	when still / on the move	
Better	bending sitting standing	walking ly	ring
	am / as the day progresses / pm other	when still / on the move	
Disturbed Sleep	Yes / No Sleeping postures: prone / sup / side	R / L Surface: firm / soft	/ sag
Previous Episodes Previous History	0 1-5 6-10 11+	Year of first episode	
Previous Treatment	s		
SPECIFIC QUES	TIONS		
Cough / Sneeze /	Strain / +ve / -ve Bladder: normal / abnormal	Gait: normal / abnormal	
Medications: Nil /	NSAIDS / Analg / Steroids / Anticoag / Other		
General Health: God	od / Fair / Poor		
Imaging: Yes / No			
Recent or major sur	gery: Yes / No		
Accidents: Yes / N	o	Unexplained weight loss: Yes	/ No
Other:			

EXAMINATION

Symptoms During Testing Symptoms After Testing Rom No	POSTURE											
NEUROLOGICAL Motor Deficit Sensory Deficit Sensory Deficit Maj Mod Min Nil Pain	=		_			oor Lordosis:	Red / Acc / Normal L		_			
NEUROLOGICAL Motor Deficit Sensory Deficit MOVEMENT LOSS Maj Mod Min Nil Pain			/ vvors	e / No	епест			Rei	ievant: Ye	es / No		
Motor Deficit Sensory Def		•										
Maj Mod Min Nil Pain												
Maj												
Maj Mod Min Nil Pain	Sensory Deficit					Dural	Signs					
Extension Extension Side Gliding R Side Gliding L TEST MOVEMENTS Describe effect on present pain – During: produces, abolishes, increases, decreases, no effect, centralising, peripheralising. After: better, worse, no better, no worse, no effect, centralising. Peripheralising. After: better, worse, no better, no worse, no effect, centralising. After: better, worse, no better, no worse, no effect, centralising. After: better, worse, no better, no worse, no effect, centralised, peripheralising. After: better, worse, no better, no worse, no effect, centralised, peripheralising. After: better, worse, no better, no worse, no effect, centralised, peripheralising. After: better, worse, no better, no worse, no effect, centralised, peripheralising. After: better, worse, no better, no worse, no effect, centralised, peripheralising. After: better, worse, no better, no worse, no effect, centralised, peripheralising. After: better, worse, no better, no worse, no effect, centralised, peripheralising. After: better, worse, no better, no worse, no effect, centralised, peripheralising. After: better, worse, no better, no worse, no effect, centralised, peripheralising. After: better, worse, no better, no worse, no effect, centralised, peripheralising. After: better, worse, no better, no worse, no effect, centralised, peripheralising. After: better, worse, no better, no worse, no effect, centralised, peripheralising. After: better, worse, no better, no worse, no effect, centralised, peripheralised. After: better, worse, no better, no worse, no effect, centralised, peripheralised. After: better, worse, no better, now offect, centralised, peripheralised. After: better, worse, no better, no worse, no effect, centralised, peripheralised. After: better, worse, no better, now offect, centralised, peripheralised. After: better, worse, no better, no effect, centralised, peripheralised. After: better, worse, no better, no worse, no effect, centralised, peripheralised. After: better, worse, no better, now orse, no effect, centralised, p	MOVEMENT LOSS	i	1	1	1	Т						
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Side Gliding L Describe effect on present pain – During: produces, abolishes, increases, decreases, no effect, centralising, peripheralising. After: better, worse, no better, no worse, no effect, centralised, peripheralised. Symptoms After Testing Mechanical Response	Extension											
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	Standing slouched Sta				anding erect							
OTHER TESTS	Lying prone in extension Lor				ng sitting							
	OTHER TESTS _											
PROVISIONAL CLASSIFICATION	PROVISIONAL CL	ASSIFICA	TION									
Derangement Dysfunction Posture Other		10011107	_	nction			Posture	(Other			
Derangement: Pain location	-	location	Dyolai	1001011			1 001010	`	31101			
	-											
PRINCIPLE OF MANAGEMENT Education Equipment Provided						Equip	ment Provided					
Mechanical Therapy: Yes / No												
							l Principle:					
Charten Driveriales	·					•						
Treatment Goals:	-											